

Pregnancy Information

All pregnant women are required to produce a doctor's or midwife's letter stating that mother and baby are in good health, fit to travel and that the pregnancy is not high-risk. The letter must also include the estimated date of delivery (EDD) calculated from both the last menstrual period (LMP) and ultrasound (if performed). This documentation must be returned to us at least 60 days prior to the cruise departure.

Please be aware, P&O Cruises does not have on board its ships adequate medical facilities for childbirth. Accordingly pregnant women are only allowed to travel if pregnant for 24 weeks or less at the conclusion of the cruise. Any passenger unable to provide the documentation above, or who is pregnant for 24 weeks or more at the conclusion of the cruise will not be permitted to travel.

If you have any further enquiries, please do not hesitate to contact our Customer Care Team on 1300 653 852 (AU) or 0800 44 762 (NZ).